Homoeopathic Management of Dentition Troubles in Children

National Campaign on Homoeopathy for Mother and Child Care
Dentition Troubles in Children

Teething
- When the baby's first set of teeth, called primary teeth break through the gums.
- Usually begins at the age of 6 months, but can start anytime between 3 - 12 months.
- Lower front teeth come up first followed by upper front teeth 1 to 2 months after.
- Is usually complete (set of 20 primary teeth or baby teeth) by child's third birthday.

A teething baby may:
- Put his hands and whatever he gets into his mouth
- Have low fever due to gum inflammation
- Strike head against a bed or wall
- Have rashes around the mouth

Do's
- Give baby something cold to suck or chew e.g. teether or a clean cloth dipped in water and kept in the freezer.
- Wipe your baby's face often with a soft cloth to clean the saliva to prevent rashes.

Don'ts
- Don't keep small objects within the reach of babies.
- Don't give any unclean object to the baby.

Consult a physician if there is
- Persistent high fever
- Frequent ear pulling
- Persistent diarrhoea

How can Homeopathy help?
Following are some of the commonly used homeopathic medicines for 'Dentition troubles in children'. It is advised that a qualified homeopathic doctor should be consulted.

Complaints | Medicines
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Fever
- Fever with chills
- Excessive thirst
- Anxiety and restlessness
- Relief with sweating
Aconitum napellus 30

Irritability
- Child extremely irritable and peevish
- One cheek red and other pale
- Profuse sweat on head
- Greenish offensive diarrhoea
- Gums red and tender
Chamomilla 30

Delayed dentition
- Delayed dentition in fat, fair and flabby baby
- Profuse sweating on head
- Child has likenings for eggs and indigestible things like clay, chalk, coal etc.
- Delayed dentition in thin emaciated child
Calcaria carbonica 30

Vomiting
- Indigestion
- Vomiting of curdled milk or greenish vomiting followed by exhaustion and sleepness
- No desire to drink water
Aethusa cynapium 30

Diarrhoea
- Sour smelling diarrhoea
- Whole body of child smells sour
- Pain in abdomen with tenesmus (painful urge for stool)
- Child is unable to digest milk
- Milk causes pain in stomach
- Undigested sour smelling stool
Magnesia carbonicum 30

Follow the instructions overleaf
General Instructions while taking Homoeopathic Treatment:

- Medicines as indicated in this handout should be taken if the symptoms mentioned against each medicine match those of the patient.
- Medicine to be taken - 3 globules of size 40 every 3 hours dry on the tongue or in plain drinking water. Medicines for delayed dentition may be repeated as per the advice of the physician.
- Medicine should be taken after cleaning the mouth and preferably on an empty stomach.
- If improvement occurs within 24 hours, then medicine should be stopped.
- While taking the medicine, if the patient does not get any relief within 24 hours or becomes worse at any time, then consult the nearest homoeopathic doctor.
- Medicines must be kept away from strong smelling substances like camphor, menthol etc.
- Medicines should be kept in a cool, dry place away from direct exposure to sunlight.
- Medicines should be kept away from the reach of children.

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